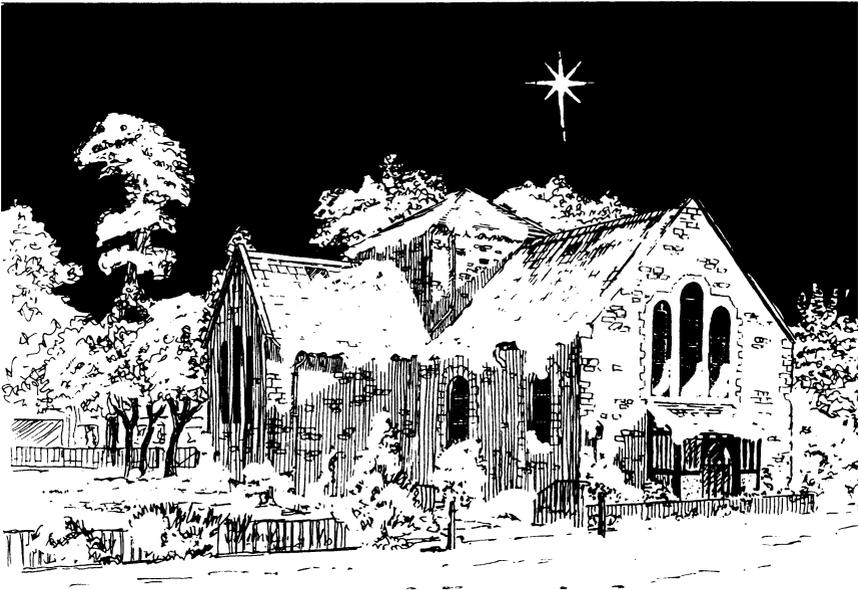


# Church of the Holy Cross

DAVIDSON'S MAINS

EDINBURGH

DECEMBER 2018/JANUARY 2019



HOLY CROSS: DAVIDSON'S MAINS

SV 5

THE SCOTTISH EPISCOPAL CHURCH



**Rector** *Vacant*

**Lay Representative** Mr Neil Swinnerton  
9 Rockville Grove, Linlithgow, EH49 6BZ Tel: 01506 842599

**Vestry Secretary** Mrs Nicole Elvin  
Tel: 443 2782

**Gift Aid Secretary** Mr Tim Sale  
4/1 Brighthouse Park Crescent, EH4 6QS Tel: 336 5280

**Treasurer** Mrs Sylvia Vass  
24 Corbiehill Place, EH4 5AY Tel: 312 6879

Copy date for the February magazine is 19th January.  
All material should reach the Editor by then.

**Magazine Editor** Mrs Margaret Deas  
20 Silverknowes Court, EH4 5NR Tel: 336 1301  
margaretanndeas@btinternet.com

**Website:** [www.holycrossedinburgh.org](http://www.holycrossedinburgh.org)  
**Twitter:** @HolyCrossEdin  
*Registered Charity No SC015766*

## FROM THE INTERIM PASTOR

### A CHRISTMAS AT SEA

Last year I was giving a talk at a local speaker's club about The Mission to Seafarers. After the talk a man came up to me holding what looked like a small envelope. He passed the envelope to me and I noticed that it was, in fact, a sewing kit. On the flap was our society's old logo from when we were called Mission to Seamen. He told me his story.

In the early 1950s, at the age of 16, after completing his basic training, he had gone to sea. He could not remember exactly where his ship was docked at Christmas time, but he did remember that he received no cards or presents because the mail had not got through due to bad weather. He felt very low and alone, a boy in the world of men, away from home for the first time on Christmas Day.

He had been given the sewing kit by the Chaplain of Mission to Seamen. He told me how that Chaplain's visit made all the difference to his life at sea and how he no longer felt alone. The Chaplain spent time with him and the rest of the crew and showed that there was someone who cared.

This Christmas, Mission to Seafarers will be working again with young and old seafarers. This Christmas The Mission to Seafarers Scotland Chaplain will be visiting Scottish ports. Other Chaplains around the world will be visiting ships and trying to make sure that anyone who is a long way from home feels that someone cares for them.

The Mission to Seafarers always appreciates your support and your prayers. This Christmas please remember those at sea who are a long way from home and those who seek to care for them.

*Tim Tunley*

The preacher on Sunday 30th December will be Mr David Graham-Service from Mission to Seafarers.

### FROM THE REGISTERS

**Baptisms** on 21st October:

Jonathan, son of Victor and Rachel Zhu

Hollie Amelia, daughter of Jennifer Wilkie and James Greenfield  
(Hollie is the great-granddaughter of Bill and Jean Kendrew)

## LOOKING AHEAD

What will the new Rector be like? This is not a rhetorical question! One of the tasks which the Vacancy Committee has to complete before advertising our post is to write a 'Person Specification' which will influence who we choose.

Will the new Rector be tall, short, thin, fat; will he or she have a family, be younger or more mature; will the new Rector be chosen for his or her sermons, pastoral skills, sense of humour or sartorial elegance?

Seriously though, the Vacancy Committee would like to know what the congregation think the new Rector should be like. And it would be helpful to us to hear from as many of you as possible what your views are. To make life a bit easier, we suggest that you think of the three most important attributes you would want the new Rector to have, and let us know by the 8th January 2019. You can talk to any Vestry or Vacancy Committee member (the latter were elected at the AGM), or you can write, email or telephone me.

Let your voice be heard on this important issue, and help us to focus on the sort of person you would like to be chosen to lead us into the next phase of our lives here at Holy Cross.

*Kate Hilton*

catherinehilton7@gmail.com

### Vacancy Committee

Anne Williams  
Sarah Millée  
Jean Williams  
Angela Gardner  
Esmé Randall  
Jane Allan

### Vestry

Nicole Elvin (Secretary)  
Kate Hilton  
Neil Swinnerton  
Sylvia Vass  
Alan Kirkpatrick  
Colin Mair  
Bruce Lowe  
Andrew Vass  
Jackie Niven  
Ian Elvin  
Gordon Kingsford-Smith (co-opted)  
Sally Mair (co-opted)

N.B. Because of the vacancy and ongoing stonework repairs, Vestry membership is unchanged from last year.

**CHRISTMAS PRAISE**  
**with Cargilfield School Choir**  
**MONDAY 3rd DECEMBER**  
**7.00 p.m.**

followed by refreshments in the Hall



**CHRISTMAS**  
**SERVICES**



**Monday 24th December**  
**CHRISTMAS EVE**

3.30 p.m. Christingle Service, particularly for children  
Collection for Pilton Youth and Children's Project

11.15 p.m. Carols

11.30 p.m. Holy Communion (sung)

**Tuesday 25th December CHRISTMAS DAY**

10.30 a.m. Holy Communion (sung)

**HELP NEEDED**

Volunteers are needed as servers, welcomers, readers etc. on Christmas Eve and Christmas Day, and as welcomers for Christmas Praise and the Christingle Service. Please sign the list on the notice board if you can help.

We are making the Christingles after church on Sunday 23rd December. Many hands make light work, so join us when you finish your coffee.

**DAVIDSON'S MAINS CHRISTMAS LIGHTS SWITCH-ON**  
**SATURDAY 1st DECEMBER**

**Holy Cross Hall**  
**5 to 8.30 p.m.**

Stalls, entertainment and refreshments in the hall and outside.

£2 adults 50p children

Admission by ticket only from [Dmainxmaslights@gmail.com](mailto:Dmainxmaslights@gmail.com)

## FLOWERS IN CHURCH

2nd December	Sally Mair
9th December	?
16th December	Kate Corliss
23rd December	CHRISTMAS
30th December	?



**Christmas Decoration** The church will be decorated on Friday 21st December at 11a.m. Helpers welcome. Sarah and Janette would appreciate cash donations in advance, and offers of flowers and greenery. Please consult them about exactly what is needed.

### Flower Rota 2019

The 2019 rota will be on the church notice board soon. Please sign up promptly for the Sundays when you would like to do the flowers.

**Church keys for flower arrangers** available from Janette Miller.



## FELLOWSHIP LUNCHES

2nd December No Lunch in January 3rd February

All welcome – no need to book

Lunches will follow our new format. The list for each month will be out in plenty of time. There will be a donation bowl for lunchers who did not provide food.

If you missed the Annual Meeting and would like the accounts and other papers, please contact Kate Hilton.

But peaceful was the night  
Wherein the Prince of Light  
His reign of peace upon the earth began:  
The winds with wonder whist,  
Smoothly the waters kist,  
Whispering new joys to the mild ocean,  
Who now hath quite forgot to rave,  
While birds of calm sit brooding on the charmed wave.

*John Milton, from 'Hymn on the Morning of Christ's Nativity'.*

**ANNUAL MEETING 2018**  
**APPOINTMENTS AND ELECTIONS**

*Secretary:* Nicole Elvin

*Treasurer:* Sylvia Vass

*Gift Aid Secretary:* Tim Sale

*Independent Examiner:* W K Ramage CA

*Protection of Vulnerable Groups Co-ordinator:* Pauline Skinner

*Lay Representative:* Neil Swinnerton

*Alternate Lay Rep.:* Kate Hilton

*Worship Commission Secretary:* To be appointed by the Commission

BUDGET 2018/19

*Details in the printed copy.*

## **TREASURER'S REPORT**

*Details in the printed copy.*

*Sylvia Vass*

## **HARVEST THANKS FROM BASICS BANK**

*We received a thank you card which is in church:*

To the congregation of Holy Cross Church

We at Granton food bank would like to say a big thank you for your continued and generous support. In particular we were overwhelmed by the large donation as a result of your harvest festival. It enables us to be generous and means that many people will benefit. Your contribution reduces the difficulties that many families experience.

Thank you!

*The basket is always by the church door for contributions of non-perishable food and personal hygiene items. The Basics Bank needs basic goods, not little luxuries, and please remember there are children as well as adults.*

## **FRESH START COOKERS FOR CHRISTMAS APPEAL**



Fresh Start have launched their annual Cookers for Christmas Appeal for 2018.

After someone has experienced a period of homelessness, being able to afford a cooker for their new home is a luxury that unfortunately many cannot afford, along with many other essential household items. Around the Christmas period, this lack of amenity is felt further as all around, messages of indulging in delicious treats and sitting down for tasty meals are shown almost at the turn of every corner.

At Fresh Start, we want to make this a reality for people who have been homeless and provide them with a brand new cooker, fully fitted by our trained and professional team. Any donation is welcome and will go towards providing someone with a new cooker that will make a real difference to their festival period and life going forward.

You can donate online through Just Giving by visiting [www.freshstartweb.org.uk/donate](http://www.freshstartweb.org.uk/donate), or by sending a cheque to Fresh Start at 22-24 Ferry Road Drive, Edinburgh, EH4 4BR.

### **Carols**

Fresh Start will be taking part in the annual Christmas Carol Concert at St Cuthbert's Church at the West End on 18th December at 12.30. All are welcome to join us for a festive celebration.

*From the latest Fresh Start newsletter. There are copies in church.*

### **Starter Packs**

There is a labelled box in church for donations to the various Starter Packs, and an up-to-date list on the notice board of things needed. Please look before you give - it can be difficult to dispose of unsuitable items. Items need not be brand new, but must be in really good condition, and food well within its use-by date. Make sure anything sharp is well wrapped to avoid accidents.

## **WEDDING ANNOUNCEMENT IAN HUGHES SMITH AND ANN JARVIS**

We are getting married on Saturday morning, January 26, at 11 o'clock. This will be a private family occasion but we would very much welcome Holy Cross friends to join us for the service.

## REMEMBRANCE DAY REFLECTION TO THE UNKNOWN SOLDIER

*As part of our Act of Remembrance on 11th November, the Revd Duncan McCosh read this poem by Nick Fawcett from his collection of 'Prayers for All Seasons'.*

Nick Fawcett says, 'It is hard for us to imagine the full horror of what so many have been through in war, but it is vital that we try, for only then can we appreciate all we owe to the millions we remember today, and so understand the importance of maintaining peace for future generations. The following reflection, written during a visit to the war graves of Flanders, asks how it must have felt to be one of the countless young men sent out to the battlefields of The Great War'.

How did you feel that morning  
when the call up papers came through?  
Did your blood run cold, or excitement take hold  
at the thought that your country needs you?

How did you feel that morning  
when the time came to set off from home?  
Did you conquer your fears, or break down in tears  
with the loved ones you'd soon leave alone?

How did you feel that morning  
when you first set foot in the trench?  
Did you brush it aside, or wish you could hide  
from the horror, the carnage, the stench?

How did you feel that morning  
when your friend was blown up by a shell?  
Did you rush to his aid, or just stand there afraid  
that you'd somehow been whisked off to hell?

How did you feel that morning  
when they sent you over the top?  
Did you shout with relief, or in sheer disbelief,  
vainly pray that the nightmare would stop?

How did you feel that morning  
when the bullets started to fly?  
Did you think even then you might cheat death again  
or did you know you were going to die?

How did you feel that morning  
as the lifeblood slipped slowly away?  
Did you try to make sense of these crazy events  
or with one final breath try to pray?

How do I feel this morning  
in the face of such slaughter and sorrow?  
Do I just stand aghast as I think of the past  
or give all for a better tomorrow?

The Seven Hills Chorus presents

## **GLORIA**

### **Music for Winter**

Music by Taverner, MacMillan, Elgar and  
the magnificent sound of Vivaldi's Gloria with chamber orchestra.

**Saturday 19th January 2019**

**7.30 p.m.**

St Anne's Parish Church, Kaimes Road, Corstorphine

tickets@sevenhillschorus.org or at the door (£10)

The choir includes several members of Holy Cross

## **FOOD FOR THOUGHT?**

### **CONCERNED ABOUT CLIMATE CHANGE?**

I am pretty sure that most folk at Holy Cross are concerned about the bizarre weather patterns being experienced world-wide. I am also pretty sure that most also regard a vegetarian diet as bizarre or eccentric. At church recently I overheard a remark referring to those who have a 'normal' diet.

I notice that at Fellowship Lunches the vast majority of choices contain meat (although the people providing lunch always make some provision for vegetarians). I have wondered whether it is necessary (or even healthy?) to have paté, sausage rolls, pork pies, quiches with meat and sandwiches with meat all at the same meal. To be fair, on the last occasion I noticed meat-eaters tucking in to the vegetarian sandwiches before the vegetarians got there, greatly reducing the choice available for non-meat-eaters!

Recently on the TV news there was a report stating that a major but seriously overlooked factor in 'climate change' is the massive impact on rising CO<sub>2</sub> levels caused by the rearing of millions of animals for human food consumption.

I once borrowed a book called *Diet for a small planet*, published as long ago as the 1970s, which argues that meat-eating is a luxury which our little planet cannot sustain.

The website 'Down to Earth' provides the same arguments.

Some of the facts which they detail have concerned me for many years. They are as follows:

- To produce **one kilo** of protein for meat consumption, you need to feed the animal at least **10 kilos** of protein from grain (on average). Some have calculated it as **20** kilos for one kilo of beef. It stands to reason that if you were to feed the grain to humans, you would have 10 or 20 times the protein available for distribution to people, and there would not be the disgraceful world hunger which we take for granted today.
- 30% of the Earth's entire land surface - a massive **70% of all agricultural land** - is used for rearing farmed animals. Much of this is grazing land that otherwise would host natural habitats such as valuable rainforests. And, of the entire world's land suitable for growing crops that would otherwise directly feed humans, **a third** of it is used to produce feed for farmed animals.
- To provide this grain for animals to eat, more and more land must be given over to growing the grain purely for animal consumption. This has meant the destruction of more and more of the rain forests in order to turn it into grazing (**70%** of rainforest destruction is caused by this) which in turn causes increased CO<sub>2</sub> emissions, not to mention the destruction of the natural habitat of literally millions of species of animal and plant life, the uses of which may include as yet undiscovered cures for many ailments.
- In a 2006 report, the United Nations said that raising animals for food generates more greenhouse gases than **all the cars and trucks in the world** combined. And yet many governments are primarily concerned about the pollution caused by vehicle use.
- Cows and sheep are responsible for 37% of the total **methane** (23 times as warming as CO<sub>2</sub>) generated by human activity. With methane emissions causing nearly **half** of the planet's human-induced warming, methane reduction must become a priority. It is much easier to deal with methane than with CO<sub>2</sub> emissions.
- The livestock industry generates **64% of ammonia**, which contributes

significantly to acid rain.

- The livestock industry also generates 65% of human-related **nitrous oxide**, which has **300 times** the Global Warming Potential (GWP) of CO<sub>2</sub>. Most of this comes from manure.

- Estimates of the **water** required to produce a kilo of beef vary, from 13,000 litres up to 100,000 litres. Whichever figure you use, the damage is plain when you consider that the water required to produce a kilo of wheat is somewhere between 1,000-2,000 litres. And there is great concern about water shortages worldwide. This is a ‘no-brainer’, as they say.

- **Pollution of our waterways** is caused by animal waste, antibiotics and hormones entering the water cycle alongside chemicals from tanneries, fertilisers, and the pesticides used to spray-feed crops.

- Manure, or waste water containing manure, severely harms river and stream ecosystems. Farmed animals produce about **130 times as much excrement** as the entire human population of the United States! Since factory farms don’t have sewage treatment systems as our cities and towns do, this concentrated slop ends up polluting our water, destroying our topsoil, and contaminating our air.

- Once factory farm pollutants - including nitrogen, phosphorus, antibiotics and pesticides - reach the waterways, they cause a great deal of damage to aquatic and human life. Algal blooms are a particular problem, blocking waterways, using up oxygen as they decompose, and killing the natural populations of fish.

- Farmed animals and fish are fed a wide variety of **drugs** to fatten them faster and **antibiotics** to keep them alive in conditions that would otherwise kill them. These drugs enter the human food chain through direct consumption or through pollution of our waterways.

- Studies on world food security estimate that an affluent diet containing meat requires up to **three times as many resources** as a vegetarian diet.

I trust that some of this information may indeed be food for thought.

*Jean Williams*

## DATES FOR YOUR DIARY

Saturday 1st December	D Mains Christmas lights switch-on - <i>see page 5</i>
Monday 3rd December	Christmas Praise with Cargilfield choir – <i>see p. 5</i>
Friday 21st December	Decoration of the church for Christmas – <i>see p. 6</i>
Sunday 23rd December	Christingle making after church – <i>see page 5</i>
24th and 25th December	Christmas services – <i>see page 5</i>
Saturday 19th January	Copy deadline for February magazine Seven Hills Chorus concert – <i>see page 11</i>
Friday 1st March	World Day of Prayer

Further details will appear in the Sunday sheets and/or future magazines and on the website – [www.holycrossedinburgh.org](http://www.holycrossedinburgh.org)

## WEEKDAY SERVICES

**CHRISTMAS SERVICES** are listed on page 5.

There is a said service each Wednesday at 10.30 a.m. with coffee afterwards. Holy Communion from the Reserved Sacrament will alternate with Morning Prayer.

*Please note: there will be no service on Wednesday 26th December or Wednesday 2nd January.*

Wednesday 16th January  
(*Trans. from Sunday 13th*)

**St KENTIGERN (or Mungo), Bishop**

Wednesday 23rd January  
(*Trans. from Friday 25th*)

**The CONVERSION of St PAUL, Apostle**

## OTHER CONGREGATIONS USING HOLY CROSS

**St Mary's Congregation of the Malankara Syrian Orthodox Church** hold their service in Holy Cross at 9.30 a.m. on the third Saturday of the month.

**The Deeper Life Bible Church** meet in Holy Cross on Sundays at 1.00 p.m. and on Wednesday and Friday evenings at 6.30 p.m.

## SUNDAY SERVICES

A sung service of Holy Communion is celebrated at 10.30 a.m. using the Scottish Liturgy in modern English.

Sunday Club for ages 0 to P6 meets in the Hall during the 10.30 service.

2nd Dec.	<b>ADVENT 1</b> Jeremiah 33.14-16 Psalm 25.1-10 1 Thessalonians 3.9-13 Luke 21.25-35	Psalm 148 Colossians 3.12-17 Luke 2.41-52
9th Dec.	<b>ADVENT 2</b> Malachi 3.1-4 Benedictus Philippians 1.3-11 Luke 3.1-6	6th Jan <b>EPIPHANY</b> Isaiah 60.1-6 Psalm 72.1-7,10-14 Ephesians 3.1-12 Matthew 2.1-12
16th Dec.	<b>ADVENT 3</b> Zephaniah 3.14-20 Canticle: Isaiah 12.2-6 Philippians 4.4-7 Luke 3.7-18	13th Jan. <b>BAPTISM of the LORD</b> Isaiah 43.1-7 Psalm 29 Acts 8.14-17 Luke 3.15-17,21-22
23rd Dec.	<b>ADVENT 4</b> Micah 5.2-5a Magnificat Hebrews 10.5-10 Luke 1.39-45	20th Jan. <b>EPIPHANY 2</b> Isaiah 62.1-5 Psalm 36.5-10 1 Corinthians 12.1-11 John 2.1-11
24th Dec.	<b>CHRISTMAS EVE</b> Isaiah 52.7-10 Psalm 98 Hebrews 1.1-12 John 1.1-14	27th Jan. <b>EPIPHANY 3</b> Nehemiah 8.1-3,5-6,8-10 Psalm 19 1 Corinthians 12.12-31a Luke 4.14-21
25th Dec.	<b>CHRISTMAS DAY</b> Isaiah 62.6-12 Psalm 98 Titus 3.4-7 Luke 2.1-20	3rd Feb. <b>EPIPHANY 4</b> Jeremiah 1.4-10 Psalm 71.1-6 1 Corinthians 13.1-13 Luke 4.21-30
30th Dec.	<b>CHRISTMAS 1</b> 1 Samuel 2.18-20,26	

